

SEVEN PENITENTIAL PSALMS (SEPTEM PSALMI PÆNITENTIALES)
with the Litanies (cum Litaniiis)

Sicubi recitentur in Choro, congrue dicuntur post Matutinum et Laudes diei flexis genibus, dicto Benedicámus Dómino et Deo grátias; extra Chorum pro temporis opportunitate.

Litaniæ similiter, quando in Festo S. Marci et in triduo ante Ascensionem dicendæ sunt sine Psalmis Pœnitentialibus, ut supra suis locis notatur, ubi non fit Processio, dicuntur flexis genibus in Choro post Matutinum et Laudes diei, dicto Benedicámus Dómino et Deo grátias; extra Chorum vero pro temporis opportunitate. Sed neque in Choro neque extra Chorum anticipari possunt de sero.

In fine cujuslibet Psalmi dicitur Glória Patri.

Ant. Ne reminiscáris.

Psalmus 6

Psalmus 31

Psalmus 37

Psalmus 50

Psalmus 101

Psalmus 129

et **Psalmus 142**

Ant. Ne reminiscáris, Dómine, delícta nostra vel paréntum nostrórum, neque vindíctam sumas de peccátis nostris.

Litaniæ

Kýrie, eléison.
Christe, eléison.
Kýrie, eléison.
Christe, audi nos.
Christe, exáudi nos.
Pater de cælis, Deus, miserére nobis.
Fili, Redemptor mundi, Deus, miserére nobis.
Spíritus Sancte, Deus, miserére nobis.
Sancta Trínitas, unus Deus, miserére nobis.
Sancta María, ora pro nobis.
Sancta Dei Génetríx, ora pro nobis.
Sancta Virgo vírginum, ora pro nobis.
Sancte Míchaël, ora pro nobis.
Sancte Gábríel, ora pro nobis.
Sancte Ráphaël, ora pro nobis.
Omnes sancti Angeli et Archángeli, oráte pro nobis.
Omnes sancti beatórum Spirítuum órdenes, oráte pro nobis.
Sancte Joánnes Baptísta, ora pro nobis.
Sancte Joseph, ora pro nobis.
Omnes sancti Patriárchæ et Prophétæ, oráte pro nobis.
Sancte Petre, ora pro nobis.
Sancte Paule, ora pro nobis.
Sancte Andréa, ora pro nobis.
Sancte Jacóbe, ora pro nobis.
Sancte Joánnes, ora pro nobis.
Sancte Thoma, ora pro nobis.
Sancte Jacóbe, ora pro nobis.
Sancte Philíppe, ora pro nobis.
Sancte Bartolomæe, ora pro nobis.
Sancte Matthæe, ora pro nobis.
Sancte Simon, ora pro nobis.
Sancte Thaddæe, ora pro nobis.
Sancte Matthía, ora pro nobis.
Sancte Bárnaba, ora pro nobis.
Sancte Luca, ora pro nobis.

Wherever these are recited in Choir, they are properly said kneeling after Matins and Lauds of the day, after there has been said: Let us bless the Lord, et Thanks be to God; outside of Choir they may be said at any opportune time.

Similarly, the Litanies, on the Feast of St. Mark and on the three days before Ascension when they are said without Penitential Psalms, as noted, where there is not a Procession they are said kneeling in Choir after Matins and Lauds of the day, after there has been said, Let us bless the Lord, et Thanks be to God; outside of Choir, however, they may be said at any opportune time. But neither in nor out of Choir may they be anticipated on the previous day.

At the end of each psalm is said Glory be to the Father.

Ant. Remember not.

Psalm 6

Psalm 31

Psalm 37

Psalm 50

Psalm 101

Psalm 129

and **Psalm 142**

Ant. Remember not, Lord, our offences, nor the offences of our forefathers; neither take Thou vengeance of our sins.

Litanies

Kýrie, eléison.
Christe, eléison.
Kýrie, eléison.
Christ, hear us.
Christ, graciously hear us.
God the Father of heaven, have mercy on us.
God the Son, Redeemer of the world, have mercy on us.
God the Holy Spirit, have mercy on us.
Holy Trinity, one God, have mercy on us.
Holy Mary, pray for us.
Holy Mother of God, pray for us.
Holy Virgin of virgins, pray for us.
Saint Michael, pray for us.
Saint Gabriel, pray for us.
Saint Raphael, pray for us.
All ye holy Angels and Archangels, pray for us.
All ye holy Orders of blessed spirits, pray for us.
Saint John the Baptist, pray for us.
Saint Joseph, pray for us.
All ye holy Patriarchs and Prophets, pray for us.
Saint Peter, pray for us.
Saint Paul, pray for us.
Saint Andrew, pray for us.
Saint James, pray for us.
Saint John, pray for us.
Saint Thomas, pray for us.
Saint James, pray for us.
Saint Philip, pray for us.
Saint Bartholomew, pray for us.
Saint Matthew, pray for us.
Saint Simon, pray for us.
Saint Thaddeus, pray for us.
Saint Matthias, pray for us.
Saint Barnabas, pray for us.
Saint Luke, pray for us.
Saint Mark, pray for us.

Sancte Marce, ora pro nobis.
Omnes sancti Apóstoli et Evangelístæ, oráte pro nobis.
Omnes sancti Discípuli Dómini, oráte pro nobis.
Omnes sancti Innocéntes, oráte pro nobis.
Sancte Stéphanne, ora pro nobis.
Sancte Laurénti, ora pro nobis.
Sancte Vincénti, ora pro nobis.
Sancti Fabiáne et Sebastíane, oráte pro nobis.
Sancti Joánnēs et Paule, oráte pro nobis.
Sancti Cosma et Damiáne, oráte pro nobis.
Sancti Gervási et Protási, oráte pro nobis.
Omnes sancti Mártires, oráte pro nobis.
Sancte Silvéster, ora pro nobis.
Sancte Gregóri, ora pro nobis.
Sancte Ambrósi, ora pro nobis.
Sancte Augustíne, ora pro nobis.
Sancte Hierónyme, ora pro nobis.
Sancte Martíne, ora pro nobis.
Sancte Nicoláe, ora pro nobis.
Omnes sancti Pontífices et Confessóres, oráte pro nobis.
Omnes sancti Doctóres, oráte pro nobis.
Sancte Antóni, ora pro nobis.
Sancte Benedicte, ora pro nobis.
Sancte Bernárde, ora pro nobis.
Sancte Dóminice, ora pro nobis.
Sancte Francíscie, ora pro nobis.
Omnes sancti Sacerdótes et Levítæ, oráte pro nobis.
Omnes sancti Mónachi et Eremitæ, oráte pro nobis.
Sancta María Magdaléna, ora pro nobis.
Sancta Agatha, ora pro nobis.
Sancta Lúcia, ora pro nobis.
Sancta Agnes, ora pro nobis.
Sancta Cæcília, ora pro nobis.
Sancta Catharína, ora pro nobis.
Sancta Anastásia, ora pro nobis.
Omnes sanctæ Virgines et Víduæ, oráte pro nobis.
Omnes Sancti et Sanctæ Dei, intercédite pro nobis.
Propítius esto, parce nos, Dómine.
Propítius esto, exáudi nos, Dómine.
Ab omni malo, libera nos, Dómine.
Ab omni peccáto, libera nos, Dómine.
Ab ira tua, libera nos, Dómine.
A subitánea et improvísá morte, libera nos, Dómine.
Ab insidiis diabóli, libera nos, Dómine.
Ab ira, et ódio, et omni mala voluntáte, libera nos, Dómine.
A spírítu fornicatiónis, libera nos, Dómine.
A fúlgure et tempestáte, libera nos, Dómine.
A flagéllo terræmótus, libera nos, Dómine.
A peste, fame et bello, libera nos, Dómine.
A morte perpétua, libera nos, Dómine.
Per mystérium sanctæ Incarnatiónis tuæ, libera nos, Dómine.
Per advéntum tuum, libera nos, Dómine.
Per nativitátem tuam, libera nos, Dómine.
Per baptísmum et sanctum jejúnium tuum, libera nos, Dómine.
Per crucem et passióem tuam, libera nos, Dómine.
Per mortem et sepultúram tuam, libera nos, Dómine.
Per sanctam resurrectiόem tuam, libera nos, Dómine.
Per admirábilem ascensiόem tuam, libera nos, Dómine.
Per advéntum Spíritus Sancti Parácliti, libera nos, Dómine.
In die iudicii, libera nos, Dómine.
Peccatóres, te rogámus, audi nos.
Ut nobis parcas, te rogámus, audi nos.

All ye holy Apostles and Evangelists, pray for us.
All ye holy Disciples of the Lord, pray for us.
All ye Holy Innocents, pray for us.
Saint Stephen, pray for us.
Saint Lawrence, pray for us.
Saint Vincent, pray for us.
Saints Fabian and Sebastian, pray for us.
Saints John and Paul, pray for us.
Saints Cosmas and Damian, pray for us.
Saints Gervase and Protase, pray for us.
All ye holy Martyrs, pray for us.
Saint Sylvester, pray for us.
Saint Gregory, pray for us.
Saint Ambrose, pray for us.
Saint Augustine, pray for us.
Saint Jerome, pray for us.
Saint Martin, pray for us.
Saint Nicholas, pray for us.
All ye holy Bishops and Confessors, pray for us.
All ye holy Doctors, pray for us.
Saint Anthony, pray for us.
Saint Benedict, pray for us.
Saint Bernard, pray for us.
Saint Dominic, pray for us.
Saint Francis, pray for us.
All ye holy Priests and Levites, pray for us.
All ye holy Monks and Hermits, pray for us.
Saint Mary Magdalene, pray for us.
Saint Agatha, pray for us.
Saint Lucy, pray for us.
Saint Agnes, pray for us.
Saint Cecilia, pray for us.
Saint Catherine, pray for us.
Saint Anastasia, pray for us.
All ye holy Virgins and Widows, pray for us.
All ye holy men and women of God, intercede for us.
Be merciful, spare us, O Lord.
Be merciful, graciously hear us, O Lord.
From all evil, deliver us, O Lord.
From all sin, deliver us, O Lord.
From Thy wrath, deliver us, O Lord.
From sudden and unprovided death, deliver us, O Lord.
From the snares of the devil, deliver us, O Lord.
From anger, and hatred, and all ill will, deliver us, O Lord.
From the spirit of impurity, deliver us, O Lord.
From lightning and tempest, deliver us, O Lord.
From the scourge of earthquake, deliver us, O Lord.
From pestilence, famine, and war, deliver us, O Lord.
From everlasting death, deliver us, O Lord.
Through the mystery of Thy holy Incarnation, deliver us, O Lord.
Through Thy coming, deliver us, O Lord.
Through Thy nativity, deliver us, O Lord.
Through Thy baptism and holy fasting, deliver us, O Lord.
Through Thy cross and suffering, deliver us, O Lord.
Through Thy death and burial, deliver us, O Lord.
Through Thy holy resurrection, deliver us, O Lord.
Through Thy admirable ascension, deliver us, O Lord.
Through the coming of the Holy Spirit, the Paraclete, deliver us, O Lord.
In the day of judgment, deliver us, O Lord.
We sinners, we beseech Thee, hear us.
That Thou wouldst spare us, we beseech Thee, hear us.
That Thou wouldst pardon us, we beseech Thee, hear us.

Ut nobis indúlgeas, te rogámus, audi nos.
Ut ad veram pœniténtiam nos perdúcere dignéris, te rogámus, audi nos.

Ut Ecclésiám tuam sanctam régere et conserváre dignéris, te rogámus, audi nos.

Ut Domnum Apostólicum et omnes ecclesiásticos órdenes in sancta religiône conserváre dignéris, te rogámus, audi nos.

Ut inimicos sanctæ Ecclésiæ humiliáre dignéris, te rogámus, audi nos.

Ut régibus et princípibus christiánis pacem et veram concórdiam donáre dignéris, te rogámus, audi nos.

Ut cuncto pópulo christiáno pacem et unitátem largíri dignéris, te rogámus, audi nos.

Ut omnes errántes ad unitátem Ecclésiæ revocáre, et infidéles univérsos ad Evangélii lumen perdúcere dignéris, te rogámus, audi nos.

Ut nosmetípsos in tuo sancto servítio confortáre et conserváre dignéris, te rogámus, audi nos.

Ut mentes nostras ad cæléstia desidéria érigas, te rogámus, audi nos.

Ut ómnibus benefactoribus nostris sempitérna bona retribúas, te rogámus, audi nos.

Ut ánimas nostras, fratrum, propinquórum et benefactorum nostrórum ab ætéRNA damnatióne erípias, te rogámus, audi nos.

Ut fructus terræ dare et conserváre dignéris, te rogámus, audi nos.

Ut ómnibus fidélibus defúnttis réquiem ætéRNam donáre dignéris, te rogámus, audi nos.

Ut nos exaudíre dignéris, te rogámus, audi nos.

Fili Dei, te rogámus, audi nos.

Agnus Dei, qui tollis peccáta mundi, parce nobis, Dómine.

Agnus Dei, qui tollis peccáta mundi, exáudi nos, Dómine.

Agnus Dei, qui tollis peccáta mundi, miserére nobis.

Christe, audi nos.

Christe, exáudi nos.

Kýrie, eléison. Christe, eléison. Kýrie, eléison.

Pater noster **secreto usque ad**

V. Et ne nos indúcas in tentatiónem. **R.** Sed libera nos a malo.

Psalmus 69

In fine dicitur Glória Patri.

V. Salvos fac servos tuos. **R.** Deus meus, sperántes in te.

V. Esto nobis, Dómine, turris fortitúdinis. **R.** A fácie inimíci.

V. Nihil proficiat inimícus in nobis. **R.** Et filius iniquitátis non appónat nocére nobis.

V. Dómine, non secúndum peccáta nostra fácias nobis. **R.** Neque secúndum iniquitátes nostras retribúas nobis.

V. Orémus pro Pontífice nostro **N. R.** Dóminus consérvet eum, et vivíficet eum, et beátum fáciat eum in terra, et non tradat eum in ánimam inimicórum ejus.

V. Orémus pro benefactoribus nostris. **R.** Retribúere dignáre, Dómine, ómnibus, nobis bona faciéntibus proper nomen tuum, vitam ætéRNam. Amen.

That it may please Thee to bring us unto true repentance, we beseech Thee, hear us.

That it may please Thee to rule and preserve Thy holy Church, we beseech Thee, hear us.

That it may please Thee to preserve our Apostolic Lord and all orders of the Church in holy religion, we beseech Thee, hear us.

That it may please Thee to bring down the enemies of Thy holy Church, we beseech Thee, hear us.

That it may please Thee to give peace and true concord unto all Christian Kings and Princes, we beseech Thee, hear us.

That it may please Thee to give peace and unity to all Christian nations, we beseech Thee, hear us.

That Thou wouldst call back to the unity of the Church all who have strayed from her fold, and guide all unbelievers into the light of the Gospel, we beseech Thee, hear us.

That it may please Thee to strengthen and preserve us in Thy holy service, we beseech Thee, hear us.

That Thou wouldst raise up our minds to heavenly desires, we beseech Thee, hear us.

That Thou wouldst reward with eternal good all our benefactors, we beseech Thee, hear us.

That Thou wouldst deliver our souls, and the souls of our brethren, kinsfolk, and benefactors from eternal damnation, we beseech Thee, hear us.

That it may please Thee to give and preserve to our use the fruits of the earth, we beseech Thee, hear us.

That it may please Thee to grant eternal rest unto all the faithful departed, we beseech Thee, hear us.

That it may please Thee graciously to hear us, we beseech Thee, hear us.

Son of God, we beseech Thee, hear us.

Lamb of God, That takest away the sins of the world, spare us, O Lord.

Lamb of God, That takest away the sins of the world, graciously hear us, O Lord.

Lamb of God, That takest away the sins of the world, have mercy on us.

Christ, hear us.

Christ, graciously hear us.

Kýrie, eléison. Christe, eléison. Kýrie, eléison.

Our Father **silently as far as**

V. And lead us not into temptation. **R.** But deliver us from evil.

Psalm 69

At the end is said the Glory be to the Father.

V. Save Thy servants. **R.** That trust in Thee, my God.

V. Be unto us, O Lord, a strong tower. **R.** From the enemy.

V. Let the enemy prevail nothing against us. **R.** Nor the son of wickedness afflict us.

V. Lord, deal with us not according to our sins. **R.** Nor reward us according to our iniquities.

V. Let us pray for our sovereign Pontiff **N. R.** The Lord preserve him, and quicken him, and make him to be blessed upon the earth, and deliver him not unto the will of his enemies.

V. Let us pray for our benefactors. **R.** May it please Thee, O Lord, to reward with eternal life all them who do good to us for Thy Name's sake. Amen.

V. Let us pray for the faithful departed. **R.** Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

V. May they rest in peace. **R.** Amen.

V. For our absent brethren. **R.** Save Thy servants, that trust in Thee my God.

V. O Lord, send them help from the sanctuary. **R.** And

V. Orémus pro fidélibus defúntis. R. Réquiem ætérnam dona eis, Dómine, et lux perpétua lúceat eis.

V. Requiéscant in pace. R. Amen.

V. Pro frátribus nostris abséntibus. R. Salvos fac servos tuos, Deus meus, sperántes in te.

V. Mitte eis, Dómine, auxiliúm de sancto. R. Et de Sion tuére eos.

V. Dómine, exáudi oratióem meam. R. Et clamor meus ad te véniat.

V. Dóminus vobíscum. R. Et cum spíritu tuo.

Orémus.

Oratio

Deus, cui próprium est miseréri semper, et párcere: súscipe deprecationem nostram, ut nos, et omnes fámulos tuos, quos delictórum caténa constringit, miserátio tuæ pietátis cleménter absólvat.

Exáudi, quæsumus, Dómine, súpplicum preces, et confiténtium tibi parce peccátis: ut páriter nobis indulgéntiam tríbuas benígnus et pacem.

Ineffábilem nobis, Dómine, misericórdiam tuam cleménter osténde: ut simul nos et a peccátis ómnibus éxuas, et a pœnis, quas pro his merémur, erípias.

Deus, qui culpa offénderis, pœniténtiæ placáris: preces pópuli tui supplicántis propítius respice; et flagélla tuæ iracúndiæ, quæ pro peccátis nostris merémur, avérte.

Omnípotens sempitérne Deus, miserére fámulo tuo Pontífici nostro N., et dirige eum secúndum tuam cleméntiam in viam salútis ætérne: ut, te donánte, tibi plácita cúpiat, et tota virtúte perficiat.

Deus, a quo sancta desidéria, recta consília et justa sunt ópera: da servis tuis illam, quam mundus dare non potest, pacem; ut et corda nostra mandátis tuis dedita, et, hóstium subláta formídine, témpora sint, tua protectióne, tranquílla.

Ure igne Sancti Spíritus renes nostros et cor nostrum, Dómine: ut tibi casto córpore serviámus, et mundo corde placeámus.

Fidélium, Deus, ómnium Cónditor et Redémptor, animábus famulórum famularúmque tuárum remissionem cunctórum tríbue peccatórum: ut indulgéntiam, quam semper optavérunt, piis supplicatióibus consequántur.

Actiões nostras, quæsumus, Dómine, aspirádo præveni et adjuvádo proséquere: ut cuncta nostra orátio et operátio a te semper incípiat, et per te cœpta finiátur.

Omnípotens sempitérne Deus, qui vivórum domináris simul et mortuórum, omniúmque miseréris, quos tuos fide et ópere futúros esse prænúncias: te súpplices exorámus; ut, pro quibus effúndere preces decrévimus, quosque vel præsens sæculum adhuc in carne rétinet vel futúrum jam exútos córpore suscépti, intercedéntibus ómnibus Sanctis tuis, pietátis tuæ cleméntia, ómnium delictórum suórum véniam consequántur. Per Dóminum nostrum Jesum Christum, Fílium tuum: qui tecum vivit et regnat in unitáte Spíritus Sancti Deus, per ómnia sæcula sæculórum.

strengthen them out of Zion.

V. Hear my prayer, O Lord. R. And let my cry come unto Thee.

V. The Lord be with you. R. And with thy spirit.

Let us pray.

Prayer

O God, Whose property is ever to have mercy and to forgive, receive our humble petitions, and grant that we and all Thy servants who are bound by the chain of sin may, by the tenderness of Thy pity, mercifully be absolved.

O Lord, we beseech Thee graciously to hear our humble petitions, and spare all those who confess their sins unto Thee, granting us in Thy goodness pardon and peace.

Be graciously pleased, O Lord, to show forth upon us Thine unspeakable mercy, ridding us from all sin, and therewithal delivering us from all pains which for the same we do justly deserve.

O God, Whom sin doth justly move to anger, and repentance turn again mercifully to forgive the same, look down now graciously upon the supplications of Thy people praying before Thee, and turn away the scourges of Thy wrath, which for our sins we do most rightfully deserve.

O Almighty and everlasting God, have pity upon thy servant our sovereign Pontiff N., and order his goings according to Thy mercy in the paths of eternal salvation, that by the gift of Thy grace he may ever seek such things as please Thee, and with all his strength fulfill the same.

O God, from Whom all holy desires, all good counsels, and all just works do proceed; give unto Thy servants that peace which the world cannot give, that both our hearts may be set to obey Thy commandments, and also that by Thee we being defended from the fear of our enemies, may pass our time in rest and quietness.

Lord, inflame our reins and our hearts with the fire of Thy Holy Spirit, that we may serve Thee with chaste bodies and pure minds.

O God, Who art Thyself at once the Maker and the Redeemer of all Thy faithful ones, grant unto the souls of Thy servants and hand-maids remission of all their sins, making of our entreaties unto our Great Father a mean whereby they may have that forgiveness which they have ever longed for.

Prevent us, O Lord, we beseech Thee, in all our doings, with Thy gracious inspiration, and further us with Thy continual help, that every prayer and work of ours may begin from Thee, and by Thee be duly ended.

O Almighty and everlasting God, Who art Lord both of the living and of the dead, and hast mercy upon all whom Thou fore-knowest shall by faith and work be Thine, we most humbly beseech on behalf of all for whom we have a mind to pray, whether they be yet entangled in the flesh in this present world, or whether they already be rid of the body, and entered into that world which for us is still to come, that all Thy holy children may pray for them, and that the pitifulness of Thy mercy may grant unto them the forgiveness of all their trespasses. Through our Lord Jesus Christ Thy Son, Who liveth and reigneth with Thee, in the unity of the Holy Spirit, one God, world without end.

R. Amen.

V. The Lord be with you. R. And with thy spirit.

V. May the almighty and merciful Lord graciously hear us. R. Amen.

V. And may the souls of the faithful departed, through the mercy of God, rest in peace.

R. Amen.

V. Dóminus vobiscum. R. Et cum spíritu tuo.

V. Exáudiat nos omnipotens et miséricors Dóminus. R. Amen.

V. Et fidélium ánimæ per misericórdiam Dei requiészant in pace.

R. Amen.

Vacante Apostolica Sede, loco invocationis Ut Domnum Apostólicum et omnes ecclesiásticos órdenes etc.; **dicatur:** Ut omnes ecclesiásticos órdenes etc.; **Versus autem** Orémus pro Pontífice nostro N., **cum suo Responsorio et Oratio pro eodem Pontifice omittuntur.**

R. Amen.

If the Holy See is vacant, instead of the invocation: That it may please Thee to preserve our Apostolic Lord and all orders of the Church, etc.; **is said:** That it may please Thee to preserve all orders of the Church in holy religion, etc., **Also, the Verse:** Let us pray for our sovereign Pontiff N., **together with its Response, and the Prayer for the same Pontiff, are omitted.**